

So Long Summer Sprint Triathlon

Bike Map (10 miles)



Bike Out:

1. As soon as the bike exits T1, take a left on 3rd street heading north.
2. Turn left onto Birch St and follow the flow of traffic (this will be an area with open traffic, there will be law enforcement to help cross on Birch).
3. Continue on this road headed west as Birch St. turns into Hwy 26 (bikers will be riding with traffic on hwy. 26. There will be signs to let traffic know).
4. Continue on Hwy 26 until the turnaround point. Turn around point will be 0.5 miles past mile marker 170.

Bike In to T2:

1. As soon as you turn around in the turnaround section head east on Hwy 26. You will ride with the flow of traffic on the opposite lane that you rode out on. There will be law enforcement to help with the turn around on Hwy 26.
2. Continue on this road as it turns into Birch St.
3. Take a right to turn on 3rd Street to head back to transition
4. Continue on 3rd Street until you reach the bike in transition area.

Riders must be aware of traffic at all times and obey traffic laws while on the bike. This is especially true for 3rd St and Birch St. You must ride with the flow of traffic on 3rd St and Birch St. Once you are out on Hwy 26 you will be riding with the flow of traffic. Helmets are required! You will not be let out of the T1 area without a helmet. There will not be water or food on the bike course or at the turnaround point, please bring your own water and needs on the bike with you.

No headphones will be allowed on the bike course